



LAB 1.0 BECOMING A COMPASSIONATE LEADER

Regardless of your role or context, this workshop series will help you become a compassionate, grounded presence – someone who cultivates healthy relationships and fosters the conditions in which staff and students can flourish.

Each session will equip participants with:

- **Self-awareness tools and practices** that build inner steadiness and increase confidence when navigating difficult situations.
- **Strategies for relational wellbeing**, particularly when working with challenging teams or relationships.
- **Approaches for whole-systems thinking**, enabling participants to consider multiple perspectives and pursue deeper, sustainable solutions rather than quick fixes.

“Leadership is an act of courageous, compassionate presence — grounded in relationships, open to uncertainty, and devoted to creating conditions where people and communities can self-organise, adapt, and thrive.”

— M Wheatley



Day 1 – 11th May
Day 2 – 12th June
Day 3 – 7th August
Day 4 – 11th September



LESNW Regional Office
137 Archer Street, North Adelaide



8:30 am – 3:30 pm



Participants are required to attend all four days. Teams of up to four are welcome to register.

Morning tea, lunch and coffee/tea provided

Registrations required at:

[LESNW Events](#)

by 4:00pm Monday 4 May.

Please email queries to mignon.weckert@lesnw.edu.au